



Recurrent Miscarriage

Unfortunately miscarriages are a common occurrence, with one in six pregnancies ending before week 20. This is a very sad experience and it is important to determine if there is anything that can prevent future miscarriage.

Having people to support you is most important. That said most women who experience a miscarriage will go on to have a baby, so keeping positive about future pregnancies is paramount. A small percentage of couples will experience more than one miscarriage. About 2% of women experience three or more consecutive early pregnancy losses. This is called recurrent miscarriage or recurrent pregnancy loss.

What causes a miscarriage?

Some of the causes of miscarriage include:

- Random chromosome abnormalities.
- Specific genetic abnormalities.
- Parental chromosome abnormalities (for example translocations)
- Uterine abnormalities.
- Immune disorders.
- Hormone imbalances.
- Other medical conditions.

Female age is also an important factor.

I will arrange all the relevant investigations to determine if anything can be done to prevent future miscarriages.